

New hockey concepts

with Gabrielle van Doorn

From the series :
Best Practice Sharing of
Innovative and Disruptive
Field Hockey Skills Erasmus+
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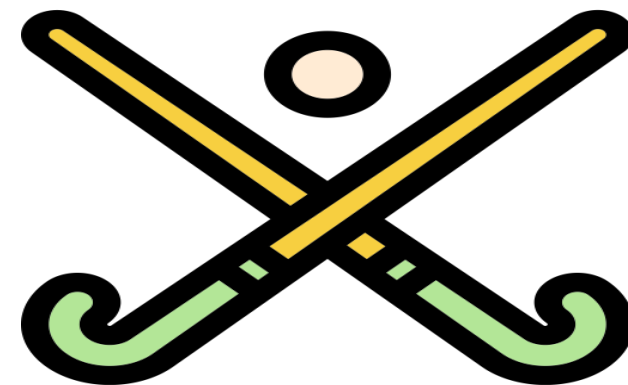
A collaboration between

Field hockey is a sport with a long history that has undergone quite rapid and radical change within the past decade.

Hockey has established itself over the years as one of the most popular team sports worldwide.

With its increasing popularity, hockey associations are looking to develop and

establish themselves within the community, and cater for society's increasing shift towards sport and recreation.



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Why new hockey concepts ?

The hockey ambition is to be an inclusive sport which means it can be enjoyed by young and old, by fit and less-fit, by able and less-abled, by poor and by rich.

To enable this ambition different countries have created different variants during last years. In this presentation, with the help of Gabrielle van Doorn from the Dutch Hockey Federation, we like to share some with you for inspiration

Hockey concept categories which will be discussed are :

1. Hockey for the elderly
2. Hockey for adults
3. Hockey for youth



1) Hockey for the elderly

- Fithockey
- Walking Hockey



Fit hockey



- Age: 55+ (average 73 in the Netherlands)
- Can be played on a hockey or non-hockey surface
- Knots / floor hockey equipment
- 6v6 or depending on # of players
- The only criterion is the ability to walk without help.
- Mixed teams (for men and women)

Walking hockey

- No running allowed creating a similar handicap for all
- Age: 60+
- Tournaments are organized every two weeks
- For men and women who are no longer able to run
- Normal hockey stick
- Smaller pitch, smaller goals
- Without a goalkeeper



2) Hockey for adults

- Hockey 7s
- Company league
- Summer league



Hockey 7s

- For men and women
- Individuals – signing up at club
- Half field
- 7 players incl. GK
- Whole year round
- Can be set up in beginning at clubs and when more clubs are active it's possible to set up a small competition



Company Hockey

- Company teams
- Fixed evening (Monday in Netherlands)
- 11-a-side, full pitch
- Whole year round
- Male / female / mixed teams
- Many with hockey background but who do not want to train 2 times a week and play every weekend



Summer league

- Summer: June/July/Aug
- Company teams
- With/without hockey background
- 6-a-side
- 1/3d field
- 2 matches x 25 min per eve
- Entertainment
- 5 cities , 200 teams



3) Hockey for Youth

- Funkey
- Streethockey
- Urban hockey



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Funkey

- Funkey is a playful way to get kids moving and getting kids prepared to hockey
- Played at schools and supported by the KNBH by a exercise manual, materials and an introduction lesson for teachers
- Besides different materials, hockey “knotsen” are used which makes hitting the ball easy
- Non hockey areas



Funkey

Funkey can be used perfectly at a school (inside or outside) and in the neighborhood, such as the playground of the after-school care or on a neighborhood field

<https://www.eilerssport.nl/sporten/hockey/knotshockey.html>



Streethockey

- For all children aged 6 to 12 years
- KNHB wants children who usually do not have contact with hockey to become enthusiastic about this sport and encourage them to become a member of the club



Urban hockey

- Urban Hockey is a challenging, "cool" form of hockey that you can play anywhere, including on the street.
- For children from lower social classes
- At Urban locations
- KNHB develops this concept for children in areas where there are no hockey fields around



Video 1 :

Let's see what Urban Hockey
is

Video 2 :

Let's look at some tricks ;-)

Thanks

This ready-to-share-presentation is a joint result of cooperation between 6 hockey coaches from Poland, Austria and Czech Republic, Hockey Club Den Bosch, the Dutch Hockey Federation and the EHF. This program is supported by the Erasmus+ program.

Big thanks to :

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